

BIOS 6110  
Applied Categorical Data Analysis

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Fall 2017

## Part IV

# Poisson Regression

## Objectives

In this part, you will learn the following models

- Poisson regression for count data
- Poisson regression for rate data
- Models for handling overdispersion

### Key

- Understand count data and rate data
- Interpretation of prediction model and estimated coefficients
- Testing and CI for the coefficients and means
- Understand different link functions: log link and identity link
- Understand different random component for the count data: Poisson and Negative Binomial
- Detection for overdispersion

Reading: Agresti (2002), Section 3.3

## Count Data

Poisson regression is perhaps the second most common GLM, after logistic regression. It applies when the response is a count, such as the number of events occurring in time or space.

For example,

- $Y$  = number of parties attended in the past month
- $Y$  = number of imperfections on each of a sample of silicon wafers used in manufacturing computer chips

In epi studies, count data is a common data type that naturally arises from studies investigating the incidence or mortality of disease.

Example used in this lecture: Horseshoe Crab Data. See description in SAS code *PoissonModel*.

## Poisson Distribution

- The density function for a Poisson distribution is

$$\begin{aligned}\Pr(Y = y) &= \frac{\mu^y}{y!} \exp\{-\mu\}, \quad \mu > 0, y = 0, 1, 2, \dots \\ &= \exp\{-\mu + y \log(\mu) - \log(y!)\}\end{aligned}$$

- The mean and variance of  $Y$  are

$$E(Y) = \text{Var}(Y) = \mu$$

That is, for Poisson distributions, the variance equals the mean.

## Poisson Regression with Log Link

For a single explanatory variable  $x$ , the Poisson loglinear model is

$$\log \mu = \alpha + \beta x,$$

which implies

$$\mu = \exp(\alpha + \beta x) = e^\alpha (e^\beta)^x$$

- The mean of  $Y$  at  $x + 1$  equals the mean of  $Y$  at  $x$  multiplied by  $e^\beta$ :

$$\frac{\mu(x+1)}{\mu(x)} = \frac{e^\alpha (e^\beta)^{x+1}}{e^\alpha (e^\beta)^x} = e^\beta \rightarrow \mu(x+1) = e^\beta \cdot \mu(x).$$

Hence, a 1-unit increase in  $x$  has a **multiplicative impact of  $e^\beta$**  on  $\mu$ .

- If  $\beta = 0$ , then  $e^\beta = 1$ : the mean of  $Y$  does not change as  $x$  changes
- If  $\beta > 0$ , then  $e^\beta > 1$ : the mean of  $Y$  increases as  $x$  increases
- If  $\beta < 0$ , then  $e^\beta < 1$ : the mean of  $Y$  decreases as  $x$  increases

## Poisson Regression with Identity Link

For a single explanatory variable  $x$ , the Poisson model with identity link is

$$\mu = \alpha + \beta x$$

- The estimated  $\mu$  can be negative.
- The mean of  $Y$  at  $x + 1$  equals the mean of  $Y$  at  $x$  plus  $\beta$ :

$$\mu(x+1) - \mu(x) = \alpha + \beta(x+1) - (\alpha + \beta x) = \beta \rightarrow \mu(x+1) = \mu(x) + \beta.$$

Hence, a 1-unit increase in  $x$  has **an additive effect of  $\beta$**  on  $\mu$ .

- If  $\beta = 0$ : the mean of  $Y$  does not change as  $x$  changes
- If  $\beta > 0$ : the mean of  $Y$  increases as  $x$  increases
- If  $\beta < 0$ : the mean of  $Y$  decreases as  $x$  increases

## Overdispersion: Greater Variability than Expected

Count data often vary more than we would expect if the response distribution truly were Poisson.

Example: Female Horseshoe Crabs Data. In the following table, the variances are much larger than the means, whereas Poisson distributions have identical mean and variance

**Table 3.3. Sample Mean and Variance of Number of Satellites**

Width	No. Cases	No. Satellites	Sample Mean	Sample Variance
<23.25	14	14	1.00	2.77
23.25–24.25	14	20	1.43	8.88
24.25–25.25	28	67	2.39	6.54
25.25–26.25	39	105	2.69	11.38
26.25–27.25	22	63	2.86	6.88
27.25–28.25	24	93	3.87	8.81
28.25–29.25	18	71	3.94	16.88
>29.25	14	72	5.14	8.29



- The phenomenon of the data having greater variability than expected for a GLM is called overdispersion
- Common causes of overdispersion:
  - Heterogeneity among subjects: some important variables are not included. For example, crabs having a certain fixed width are a mixture of crabs of various weights, colors, and spine conditions.
  - Data are not identically distributed
  - Data are clustered/correlated (will discuss this later)
- Overdispersion is not an issue in ordinary regression models assuming normally distributed  $Y$ , because the normal has a separate parameter from the mean (i.e., the variance,  $\sigma^2$ ) to describe variability
- For Poisson distributions, the variance equals the mean. Overdispersion is common in applying Poisson GLMs to counts
- Overdispersion is also a concern for logistic regression

## Dealing with Overdispersion - Quasilikelihood

When overdispersion is evident, it's usually handled in one of the two ways.

1. By assuming  $\text{Var}(y) = \phi\mu$  and estimating the scale parameter  $\phi$ . This approach, where you modify the variance function directly and do not actually specify a distribution, is then a quasilikelihood model.

- $\phi$  is usually estimated by the method of moment estimator  $\hat{\phi} = X^2/(n - p)$ , where  $X^2$  is the Pearson's fit statistics. This  $\chi^2$ -based estimator is a consistent estimator of  $\phi$ .
- It's also possible to estimate  $\phi$  by a deviance-based estimator  $G^2/(n - p)$ . However, this estimator is not consistent.

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$$\hat{\beta}_{Quasi} = \hat{\beta}_{Poisson}, \quad SE(\hat{\beta}_{Quasi}) = \sqrt{\hat{\phi}} \times SE(\hat{\beta}_{Poisson}).$$

Disadvantage: : Lacks a log-likelihood, and prevent you from using any of the likelihood-based tools: likelihood ratio tests, AIC/BIC, deviance explained, deviance residuals.

## Dealing with Overdispersion - Negative Binomial

2. By changing the response distribution to negative binomial (NB), which is more dispersed than the Poisson.

Let  $p$  be the probability of “success” in a Bernoulli trial. In a sequence of Bernoulli trials, the number of failures in a sequence of Bernoulli trials before  $k$  successes follows a negative binomial distribution,  $NB(k, p)$ .

- The mean is  $E(Y) = (1 - p)k/p = \mu$
- The variance is  $Var(Y) = (1 - p)k/p^2 = \mu + D\mu^2$ , where  $D = 1/k$  is the dispersion parameter.

NB distribution can be obtained by a two-stage hierarchical process:

$$Z \sim \text{Gamma}(k, k),$$

$$Y|Z \sim \text{Poisson}(((1 - p)k/p) \times Z),$$

$$\text{then, } Y \sim NB(k, p)$$

## Rate Data

Previously, we focus on the count data  $Y$ . We may also be interested in the rate data,  $Y/t$ , where  $t$  is an interval representing time, space, or other grouping.

Rate data is common under the case of *varying exposure*. In epi study, a commonly used rate is per person-years.

For example, the following data show the survival of patients after heart-valve replacement surgery. The exposure is the total number of patient-follow up months. In this example, it makes more sense to model the mean death rate per patient-month.

Age	Type	Exposure	Death
Under 55	Aortic	1259	4
	Mitral	2082	1
Above 55	Aortic	1417	7
	Mitral	1647	9

Example used in this lecture: British Train Accidents O Data. See description in SAS code *PoissonModel*.

## Count Regression for Rate Data

Rate data can be modelled with Poisson regression by using an offset.

The sample rate is  $Y/t$ . The expected value of the rate is  $\mu/t$  with  $\mu = E(Y)$ . A loglinear model for the expected rate has form

$$\log(\mu/t) = \alpha + \beta x$$

which implies

$$\log(\mu) = \log(t) + \alpha + \beta x$$

- This model looks like a regular Poisson regression but has an *offset* term  $\log(t)$  whose coefficient is known, which is 1
- The interpretation of coefficients will stay the same except you can talk about the change in rate, or interpret for the counts but you also need to multiple counts by  $t$ .
- The expected number of outcomes satisfies

$$\mu = t \exp(\alpha + \beta x)$$

The mean  $\mu$  is proportional to  $t$ , with proportionality constant depending on the value of the explanatory variable. For a fixed value of  $x$ , doubling the  $t$  also doubles the expected number  $\mu$